

A SILENT KILLER.

Cardiovascular disease is the #1 cause of death in the United States. You might have a form of cardiovascular disease and not even know it.

ARE YOU AT RISK?

- Over age 55
- High cholesterol
- A history of smoking
- High blood pressure
- Diabetes
- Overweight

Get the facts from the cardiovascular experts at Prevea Health!

FREE HEART HEALTHY SEMINAR

Saturday, December 1

Prevea Oconto Health Center
620 Smith Avenue

Screenings: 8 am – 10 am

Informational talks: 10 am – 11:30 am

Q & A: 11:30 am – 12:00 pm

SPACE IS LIMITED • PRE-REGISTRATION REQUIRED

Join our experts and learn about:

- Important updates on drug-coated stents
- How to properly read nutrition labels to benefit most from the information
- Safely and effectively starting an exercise program

FREE screenings 8 am – 10 am:

- Comprehensive cholesterol test*
- Blood pressure check
- Pocket EKG

*For best results, participants should fast (no food or drink) for 12 hours prior.



Gregory Schuchard,
MD, FACC
Cardiologist

Additional speakers include:

Donna Tilot, Cardiac/Vascular Rehab, St. Mary's Hospital
Carmen Gorniak, Registered & Certified Dietitian

FREE VASCULAR SCREENING

Wednesday, December 5

Prevea Oconto Health Center
620 Smith Avenue

3 pm – 7 pm

APPOINTMENTS ARE REQUIRED

Screening includes scans to detect:

- Carotid artery blockage
- Aortic aneurysms
- Peripheral arterial disease

The screening is noninvasive and painless. A Prevea physician will review your results with you right away.



John Hutto, MD
Vascular Surgeon



Charles Saletta, MD
General & Vascular
Surgeon



Timothy Tanke, MD
Interventional
Cardiologist &
Vascular Specialist

PREVEA

OCONTO Health Center

Like family™

620 Smith Avenue • www.prevea.com

To register or make an appointment for either event or both
please call (920) 436-1358 or (888) 2PREVEA, ext. 1358.
SPACE IS LIMITED. CALL MON. – FRI. 8 AM TO 5:30 PM